

SRM Pilot™

SRM Baseline Self-Assessment

Understanding your personal decision-making baseline before margin erodes

Purpose

To establish awareness of personal decision-making capacity before workload, stress, or time pressure degrade performance.

Use When

Pre-flight, before high-workload phases, or whenever conditions are trending worse.

Self-Check Prompts

How is my cognitive capacity right now?

What external pressures are influencing today's decisions?

What assumptions am I currently making?

If workload increases, what will degrade first?

Key Principle

Baseline awareness enables earlier intervention and safer decisions.

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