

SRM Pilot™

ASAR — Startle & Surprise Recovery Tool

Restoring control and decision clarity after unexpected events

Purpose

To provide a simple structure for managing startle and surprise in single-pilot operations.

ASAR Model

Aviate — Stabilise the flight path.

Slow — Pause impulsive action and expand time.

Assess — Rebuild situational awareness deliberately.

Respond — Choose the next safe, margin-preserving action.

Use When

Automation anomalies, unexpected weather, ATC surprises, system alerts.

Key Principle

Structure restores decision quality after startle.

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